



NANTUCKET COTTAGE HOSPITAL

WWW.NANTUCKETHOSPITAL.ORG • THURSDAY, DECEMBER 1, 2011

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COMMUNITY *Report*

Planning Our Future Hospital

Honor the past. Celebrate the future.

Nantucket Cottage Hospital 2020?

Throughout this centennial year at Nantucket Cottage Hospital, we've honored our past and observed many of the hospital's milestone events of the last 100 years. At the same time, most of our hospital's leaders have started looking in-depth toward the future.

In today's healthcare setting the obstacles we face are more difficult than ever. Some hurdles are strategic and regulatory; many are financial. To address those challenges, this past year we've adjusted costly programs and

streamlined procedures where it was possible to do so without diminishing care for patients. With the help of our dedicated staff, we continue confronting the task of doing more with less.

Besides belt tightening, we've found economic ways to add services where we saw a need in our community. Our direct links to off-island medical resources continue to grow from our affiliation and clinical partnerships with Massachusetts General Hospital and our associate member hospitals in the Partners HealthCare system.

With Partners, our doctors and our patients are able to consult with renowned medical experts. NCH nurses and other medical personnel continue to train and earn certification through outstanding training programs at Part-

ners member hospitals. Increasingly sophisticated medical technology connects us immediately with Partners specialists and other physicians through telemedicine for stroke treatment, radiology, dermatology and pediatrics. Because of the resources they bring to patient care and their cost effectiveness, we're planning additional telemedicine capabilities.

In each of these moves and in others to come, we are looking toward a future in which we can achieve at least break-even operations and create a sustainable business model. In light of our annual shift from around 10,000 year-round residents to a summer season population exceeding 50,000, our ability to remain as flexible as possible will be all the more important to us.

In the words of NCH President and

CEO Dr. Margot Hartmann, "it is time for a new formula," and in all likelihood, that will require a new hospital building to replace our current 54-year-old structure.

The tools of modern medicine, from every day equipment and computers to our increasing telemedicine capabilities, require facilities that are much more sophisticated than what was available a half-century ago. Our aging building, although safe and sound for patient care, incurs heating and cooling expenses that could be much better controlled through modern engineering and construction. In fact, our recent studies show that we might save \$1 million or more annually on utility costs alone with a more efficient building.

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Nantucket Cottage Hospital Today

Patient care improvements are uppermost



Photo by ASV Photography

The story of Nantucket Cottage Hospital began 100 years ago this year. In April of 1911, a group of 18 Nantucket citizens gathered at the home of Dr. John S. Grouard, a Nantucket physician, to formulate plans for organizing Nantucket's first hospital.

Grouard summarized the group's sentiments: "The increasingly higher value placed on human life is an infallible indication of higher civilization. To conserve human life on this isolated is-

land, it is imperative that the conditions under which medicine and surgery are practiced must be superseded by modern ones."

That conviction by Dr. Grouard's group remains true today at NCH, as we continue working to improve the conditions and practice of medicine on this isolated island 30 miles at sea. With the next 100 years in mind, the NCH staff remains dedicated to ensuring that healing and compassionate care and



First Home of NCH



Photo by William Ferrall

treatment are always available from us as the island's only around-the-clock, year-round healthcare provider.

Among our many efforts to improve care, we've made it easier for patients to connect with us for medical attention. Our new **MD ACKcess Line 508-825-1000** helps new patients find a primary care physician and helps others to connect with one of our more than two dozen visiting specialists. This "concierge service" can help alleviate the frustrations that some might feel in getting connected with our doctors and is "a way to help any patient find a medical home with us," noted Dr. Margot Hartmann, President and CEO of NCH.

Thankfully, patients found their way quickly to NCH in the past year during emergencies. Our Emergency Department, where **Dr. John Mendelsohn** recently assumed duties as the department Medical Director, has been especially busy. Under the additional leadership of ED Nurse Manager **Martha Lake-Greenfield** and ED Assistant Director **Maria Carey**, the department has handled several unusual surges that demonstrated the well-

trained professionalism of our hospital's doctors and nurses.

A "major casualty incident" in early April saw 23 carbon monoxide victims from one Nantucket apartment building, along with emergency rescuers who were affected, rushed to the hospital on a Saturday morning. Three dozen NCH staff including doctors, physicians' assis-

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- ✦ Meet our staff

From Our President



Dr. Margot Hartmann

In the year since I became President and CEO of Nantucket Cottage Hospital, we've focused laser sharp on making this among the best rural hospitals anywhere.

As the year has progressed, we've faced our realities squarely and taken a number of initiatives to reduce the hospital's financial losses. We know we must find ways to provide the services you need and, at the same time, run sustainable operations. There are few easy fixes, but we are up to the task.

Among the many steps we've taken toward creating a sustainable business model, we've revised our billing system to make it more efficient and expanded our radiology services—both with positive results. Our medical and administrative staffs, along with our trustees, continue to find other benefits and savings from our continuing affiliation with Massachusetts General Hospital and with Partners HealthCare.

We remain responsible for our own future. Our hurdles in today's health care environment are magnified by being 30 miles at sea. We're challenged by a fluctuating seasonal population and an extraordinary cost of living, in addition to the difficulties mainland hospitals face.

As we "Honor the Past and Celebrate the Future" during this year of our 100th anniversary, a personal approach to caring for our patients still matters greatly to us. We recently strengthened that commitment with our new MD ACKcess Line, a service that helps patients better connect with our primary care physicians and helps them gain easier access to physician specialists. We've adopted advanced medical technologies to ensure that our patients get the most expert care possible here on-island, whether it's with new procedures that we now provide or through consultations via telemedicine.

Our hospital is the heart of the island, providing life-sustaining support for our diverse community. On behalf of our doctors, nurses, administrators and trustees, I thank you for so generously helping us to continue our mission. Please don't hesitate to call me or the hospital staff with your comments and suggestions.

Margot Hartmann, M.D., Ph.D.
President & CEO
Nantucket Cottage Hospital

Record-Setting Night for 2011 Boston Pops on Nantucket



George Riethof / OverNantucket.com

It wasn't just the big full moon that excited Nantucket on the night of Saturday, August 13. More than 8,500 ticketed music fans and hospital supporters gathered on Jetties Beach for hours of mingling, dining and being serenaded by the memorable songs of pop music star Carly Simon with the Boston Pops Esplanade Orchestra—all to benefit the hospital.

It was the 15th appearance of the Boston Pops on Nantucket, and it

served as a huge birthday party to help celebrate the hospital's 100th anniversary. Fittingly, the evening climaxed with what many thought were Nantucket's most spectacular fireworks in recent memory, illuminating a giant birthday cake that rose above the stage.

Most importantly, thanks to the large attendance and the generosity of our many sponsors and contributors, the hospital gained about \$2 million, the



Photo by Kinsley-Hancock Photography / NantucketPix.com

highest ever net proceeds from the event. Volunteers played an especially important role in this year's success. The Nantucket Cottage Hospital Foundation has already begun planning the 16th annual Boston Pops on Nantucket, scheduled for Saturday, August 11, 2012.

Hundreds inoculated against flu at reduced cost



Twice this fall, Nantucket Cottage Hospital in conjunction with the Nantucket Health Department offered the influenza vaccine at a reduced fee for persons aged three and up.

A total of 315 persons received vaccinations during the first session in October at Nantucket Elementary School. Dozens more were expected for a repeat offering at the hospital's Founders Building on the morning after Thanksgiving. Cost of the vaccination was \$15, which is the hospital's cost of acquiring and administering the vaccine. Qualified medical staff volunteers

from Nantucket Cottage Hospital and the community helped to administer the shots.

According to the U.S. Centers for Disease Control (CDC), annual vaccination is the most important measure to prevent seasonal influenza infection, which can occur year-round but is especially prevalent during colder months, when more people are in closer proximity to each other indoors. Influenza viruses are spread primarily when an infected person coughs or sneezes near a susceptible person. For more on effective flu prevention measures, see <http://www.cdc.gov/flu/about/season/>.

Swing for Nantucket Cottage Hospital

This year's annual Swing for Nantucket Cottage Hospital golf tournament brought out more than 125 duffers, including hospital staff and supporters. The two-day event at Sankaty Head Golf Club in September included a cocktail reception, barbecue, putting contest and day-long tournament on the greens.

Pictured: Putting contest winners Dr. Stephen Chase (4th place) and Harry Robishaw (1st place) with his mother and NCH RN Therese Robishaw.



Photo by Kinsley-Hancock Photography / NantucketPix.com

On the Mend

Orthopedic Surgeon

Raymond Rocco Monto, M.D.



Photo by Terry Pommett

Dr. Raymond Rocco Monto evaluates a Nantucket orthopedics patient

Orthopedic surgeon Dr. Raymond Rocco Monto has good advice for the aging, weekend warriors he sees frequently in his practice: mix it up when it comes to exercise and give your muscles and joints some rest.

"If you keep doing the same thing every day, you're going to end up seeing me," says Monto.

Age and genetics along with repeated impact and over-use can lead to joint problems, especially in middle-aged, mature athletes. Monto characterizes their problem as "boomeritis," caused by them not allowing their bodies the needed time to recover from strenuous exercise.

Monto well understands the challenges facing those of us who are physically active. Since 1993 he has been a team physician for United States Soccer, and he serves as a med-

ical consultant to international high-profile athletes including Olympians and sports professionals in Formula One, English Premiership football, cricket, rugby, golf, tennis and other global sports.

His approach to bone, ligament, tendon and muscle injuries includes advanced surgical, non-surgical, pharmaceutical and biological techniques including the cutting edge technology of platelet rich plasma therapy (PRP), to help patients recover from injury in the shortest amount of time.

Monto has Board Certification with the American Board of Orthopedic Surgery and is a Fellow of the American Association of Orthopedic Surgeons. In 2011, Consumer's Research Council of America named him one of the top orthopedic surgeons in the United States, and this year *vitals.com* awarded him a Patient Choice Award for high patient satisfaction.

He has appeared at many national and international medical conferences and been featured in leading publications including *Wall Street Journal*, *New York Times*, *Boston Globe*, *New Yorker*, *USA Today* and others. Like most other physicians associated with NCH, Monto practices in affiliation within the Massachusetts General Hospital and Partners HealthCare system.

Monto also treats a cross-section of patients who are dealing with orthopedics problems unrelated to sports medicine. "We see workers from the trade and service industries," he notes, "who have employment-related injuries." The elderly and those who suffer from accidents



Photo by Terry Pommett

Patients can continue longer recovery and rehabilitation in the NCH Rehabilitation Department.



Photo by Terry Pommett

are common among his patients here and in his Martha's Vineyard office.

"Low velocity fractures are a lot of what I do," Monto explains, "knees, shoulders and other well-used joints."

As a leading surgeon and expert in orthopedics therapies, Monto offers local patients the confidence and convenience of effective treatment here on Nantucket. Whether the patient is a year-round resident who would prefer being close to home or a visitor with ongoing orthopedic afflictions, they can get needed surgery here and continue their recovery locally with the help of Nantucket Cottage Hospital's Swing Bed program and our Rehabilitation Services Department.

"We can do just about everything here," Monto says of his surgical abilities at NCH. In fact, he now performs four or more surgical procedures on Nantucket weekly, most of it arthroscopic in nature, which is less invasive and more likely to ensure quicker recovery.

For the seasonal visitor, Monto reassures that "we can step in to become their orthopedics layer of security during their time on Nantucket."

Monto imagines a future for his practice in orthopedics at Nantucket Cottage Hospital that goes beyond being a layer of safety, especially if plans for a new hospital are realized. "There's no reason we can't deliver the twenty-first century-level of orthopedics on the island," says Monto. "We can be on equal footing with New York, London or Tokyo... maybe even a step up."

For more on Dr. Monto and his orthopedics practice, visit doctormonto.com or call 508-825-8156.

Here at Nantucket Cottage Hospital we continue to build on more than 100 years of quality service to the community.

Our hospital provides an array of programs and services by expert staff including:

- Cardiac rehabilitation
- Chemotherapy & infusion services
- Dialysis
- Emergency department
- Laboratory
- Birthplace/OBGYN
- Occupational & physical therapy
- Pain management
- Palliative & supportive care
- Pediatric consultation
- Primary care
- Wellness program
- Year-round, full-time radiology/imaging:
 - Bone density testing
 - CT, digital mammography, fluoroscopy,
 - MRI, ultrasound, X-ray
- Surgery: general, specialized, orthopedic & endoscopic
- Swing bed program
- Tele-medicine
 - Connected with MGH and Brigham & Women's Hospital in Boston for pediatrics, stroke & dermatology
- More than 25 medical specialists seeing patients at NCH

Nantucket Cottage Hospital is an affiliate of Massachusetts General Hospital and a member of Partners HealthCare



Photo by Cary Hazlegrove

Nantucketers Born at Nantucket Cottage Hospital

When we asked Nantucketers who were born at Nantucket Cottage Hospital to join us in July for a "natives" photo shoot, more than 250 persons came to pose in the stands at Vito Capizzo Stadium on the athletic fields of Nantucket High School. Four generations of the McLaughlin and Greider families came. Babies arrived in their mothers' arms. Because her Nantucket-born children Lance Corporal Colin Williams, USMC, and Aryn Perryman were overseas, non-native resident Linda Williams brought their photos to hold up alongside her youngest Nantucket-born son Evan Gerardi. Twelve of those in the photo are staff members of Nantucket Cottage Hospital.



Hoisted aloft by a Nantucket Fire Department hook-and-ladder truck, photographer Cary Hazlegrove captured the portrait to illustrate the front cover of this summer's Boston Pops on Nantucket program book.



Photos by William Ferrall

NANTUCKET COTTAGE HOSPITAL

Honor the Past 1911 **100** 2011 Celebrate the Future

	2011	Hospital celebrates its centennial
	2007	Affiliation with Massachusetts General Hospital and Partners HealthCare
	2005	The Nantucket Cottage Hospital Foundation is established
	2001	The new maternity ward opens
	1997	First Boston Pops on Nantucket benefit concert raises \$585,000
	1996	First woman CEO appointed
	1990	Hospital becomes a non-smoking facility
	1985	Hospital partners with Boston MedFlight for emergency off-island transports
	1982	Nantucket Hospice established
	1981	Ground breaking for new physicians' offices
	1969	Hospital builds 10-bed wing for extended-care patients and outpatient services
	1960	Accreditation by National Joint Commission on Accreditation of Hospitals
	1957	Community raises \$1 million, hospital builds 76-room facility on Prospect Street
	1940	Hospital responds to community health care needs, builds Crosby Memorial Wing
	1937	58 babies are born at the hospital this year
	1929	Volunteers open Hospital Thrift Shop to raise funds
	1926	First motorized ambulance comes to Nantucket
	1921	Volunteers organize first hospital fundraising fete
	1914	Doors to hospital open in August
	1912	Nantucket Cottage Hospital Corporation buys West Chester Street property
	1911	Dr. John S. Grouard inspires Islanders to incorporate

Nantucket Cottage Hospital Physicians



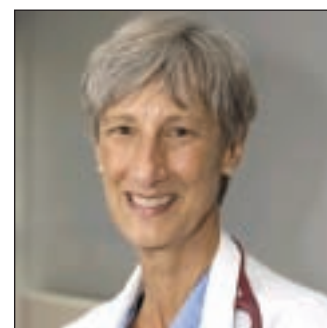
George P. Butterworth, M.D.
Dartmouth Medical School
Specialty: Family Practice

Dr. Butterworth is interested in obstetrics and pediatrics. This year he delivered his 1,000th baby on Nantucket.



Efren J. Flores, M.D.
University of Puerto Rico School of Medicine
Specialty: Radiology - Medical Director,
Radiology Services

Dr. Flores, a diagnostic radiologist from Massachusetts General Hospital, joined NCH as a year-round, full service radiologist in 2011.



Margot Hartmann, M.D., Ph.D.,
President and CEO
St. George's Medical School, London
Specialty: Internist

Dr. Hartmann became President and CEO of the hospital in October, 2010, following her decade-long tenure serving the hospital's Emergency Department. Her commitment to the highest quality care exemplifies her approach to defining the hospital for its next 100 years as a healthy place for those who provide as well as those who receive care.



J. Gregory Hinson, M.D.
Medical College of Virginia
Specialty: Family Practice

Dr. Hinson began practicing on Nantucket in 2001. His practice, Nantucket Physicians Care, includes women's health and obstetrics.



Margaret 'Mimi' Koehm, M.D.,
FAAFP
St. George's University School of Medicine
Specialty: Family Practice

Dr. Koehm provides outpatient and inpatient family medicine, including maternity care and operative obstetrics.



Timothy J. Lepore, M.D., FACS
Tufts Medical School
Specialty: Surgery - Medical Director,
Chief of Surgery

Dr. Lepore is "Nantucket's surgeon, medical examiner, school physician, football team doctor, Lyme disease expert and occasional Dr. Doolittle," wrote *The New York Times*.



John Mendelsohn, M.D.
Robert Wood Johnson Medical School
Specialty: Emergency Medicine,
Medical Toxicology -
Medical Director, Emergency Department

In his free time, Dr. Mendelsohn lectures high school students and parents regarding substance abuse and its effect on the teenage brain.



Raymond Rocco Monto, M.D.
New York University Medical School
Specialty: Orthopedic Surgery

Dr. Monto received the 2011 "Top Orthopedic Surgeon" award by the Consumer Research Council of America.



Diane R. Pearl, M.D.
Medical University of South Carolina
Specialty: Internal Medicine - Medical Staff
President; Physician Unit Chief, Nantucket
*MGPO Physicians

Dr. Pearl practices general internal medicine and is particularly interested in cardiology and oncology. She is a native of Nantucket.

*Massachusetts General
Physicians Organization

Photos by Cary Hazlegrove

Our Visiting Physician Specialists

ALLERGIST

Dr. Paul Sklarew

AUDIOLOGY

Cape Cod Hearing Center

CARDIOLOGY/CARDIOVASCULAR

Dr. Joseph Garasic

CARDIOLOGY/INTERVENTIONAL

Dr. Richard Zelman

DERMATOLOGY

Dr. Abrar Qureshi

GASTROENTEROLOGY

Dr. Douglas Horst

INFECTIOUS DISEASE

Dr. Alan Sugar

LAPAROSCOPIC SURGERY

Dr. Richard Koehler

NEUROLOGIST

Dr. Donald Marks

OB/GYN

Dr. David Elmer

ONCOLOGY

Dr. Henry Casey

OPHTHALMOLOGY

Dr. Elliot Perlman

OPHTHALMOLOGY

Dr. Daniel Townsend

OPHTHALMOLOGY

Dr. Robert Shapiro

OTOLARYNGOLOGY

Dr. Edward Caldwell

PATHOLOGY

Dr. John Branda

Laboratory Director

PEDIATRICS

Dr. Patricia Connolly

PEDIATRICS

Drs. Bloom & Norenberg

PERINATOLOGIST

Dr. Bruce Cohen, Consultant

PHYSIATRIST, PAIN MGMT.

Dr. Suzanne Duncan

PLASTIC SURGERY

Dr. Christine Hamori

PODIATRY

Dr. Steven Mosley, D.P.M.

PSYCHIATRY

Dr. M. Rachid Och

PULMONARY MEDICINE

Dr. R. Frederic Knauft

TELEDERMATOLOGY

Dr. Joseph Kvedar

UROLOGY

Dr. Evangelos Geraniotis

Note: We recommend that you be referred to specialists by your Primary Care Physician, who can best help you make appropriate health care decisions. Usually, a referral is required to assure reimbursement by your insurance company. For help in finding a Primary Care Physician or a consulting doctor, call the Nantucket Cottage Hospital
MD ACKcess Line 508-825-1000 / www.NantucketHospital.org

2011 Beinecke Scholarships



Nantucket Cottage Hospital awarded its 2011 Beinecke scholarships in late spring to 29 individuals. Created in the 1950's by Walter Beinecke Jr., in honor of his father Walter Beinecke Sr., the scholarship provides financial support to graduates of Nantucket High School, members of the Nantucket community and Nantucket Cottage Hospital staff who are pursuing an education in healthcare-related fields.

Above: Beinecke recipients Delly Garneau, Brianna Vittorini, Kelsey Fredericks, Molly MacKay, Jessica Douglas, Alicia Briscoe, Donna Muhr & James Rhodes. Other winners included: Sarah Benson, Charlene Chadwick, O'desha Clarke, Jessica Dalzell, Brian Gorsuch, Kaitlyn Ellis, Shea Fee, Bethany Gray, Theresa Head, Brenda Johnson, Maria Lemus, Grace Maclellan, Cassandra Moran, Marissa Moran, Jeanne Norton, Emma Patton, Allyson Silverthorne, Kathryn Sossen, Anne Stearns, Alexandra Thayer & Emily Wendelken.

Our Hospital Today, con't from page 1

tants, nurses, lab techs and maintenance crew helped out that morning. In the end, all of the patients recovered, a testament to the quick response and expertise of the NCH staff. After an island-wide disaster drill this fall, an observer from the Massachusetts Department of Public Health praised our hospital's readiness and our effective response.

Regular patient access to doctors at NCH has improved with new services and physicians added to our medical team. In late spring, **Dr. Efen Flores**, a diagnostic radiologist from Massachusetts General Hospital, joined NCH as our year-round, full-service radiologist. Through Dr. Flores and the resources of Mass General, patients can now be evaluated with many different kinds of imaging and radiology capabilities including via teleradiology and research protocols. **Dr. David Elmer**, an OB/GYN associate at NCH for 18 years, took on a bigger role by assuming full support and backup for our OB/GYN services.

Ongoing treatment, recovery and

wellness were among the targets of new services and department improvements in recent months. Thanks to generous donations from NCH benefactors, our chemo-therapy treatment suite was remodeled with fresh paint and new furnishings. A third donor-funded dialysis machine arrived to supplement our infusion treatment services.

In our **Rehabilitation Services**, cardiac rehab specialist **Katie Dehertogh** now oversees an affordable wellness and fitness program, open to the public and designed to encourage heart-healthy eating and exercise. Our **Swing Bed** program, in which rehab department staff work directly with patients, helps recently-hospitalized patients make a safe and healthy transition from being an inpatient to returning home.

Our involvement with community-wide health and wellness initiatives also continues to grow. NCH's **Patients and Family Advisory Council (PFAC)**, made up of community representatives and coordinated by hospital staff,

launched its "medication reconciliation" project. The group is distributing a **Medication Card** to be filled out by patients or their families. The card is designed to ensure that patients know about safe medication practices and have readily available information about their health in medical emergencies. Nantucket pharmacies, Visiting Nurses Association and Nantucket Sheriff's Department have all endorsed the effort. The cards are now available at the hospital, through local physicians' offices, at the pharmacies and through cooperating organizations.

PFAC and **Social Services Department** staff from the hospital continue to participate in the newly-formed **Nantucket Healthy Community Collaborative**, a joint effort of Nantucket's social service agencies to advocate for better delivery of services and to make access to those services easier for consumers. The group has published directories to local agencies and holds monthly meetings to share information among agencies. Social Services also of-

Future Hospital, con't from page 1

Our future success is best assured with the help and support of many others in the Nantucket community and some from beyond the island. We've turned in part to leading national and regional experts in health care management and delivery of services to help guide us.

We're also engaging as many people as possible here on Nantucket to tell us how we can better serve the island. Some of you might soon get a call from one of our researchers, who'll ask for your time and thoughts about how well we're doing and what we might do for you in the future. Anyone is also welcome to join us this winter and next spring during a series of public forums we'll hold to let you know about our plans and to ask for your feedback.

Meanwhile, our first priority remains improving patient-care and keeping the supportive and friendly atmosphere that has been a hallmark of Nantucket Cottage Hospital since it was founded. Just this year, the Joint Commission, which certifies the level of patient safety and care at most U.S. hospitals, completed a survey of our operations and found us successful at meeting nearly all of their standards. Remedies for their few suggestions have already been put into place.

Nearly every week brings another thank you note or two from a grateful patient. Our new video about the hospital, "Your Nantucket Cottage Hospital," tells the stories of three such patients and can be viewed on the hospital's website.

Whatever challenges we face in caring for Nantucket's residents and visitors, we remain committed to the best care possible, whether it's promoting good health practices or caring for patients who are seriously ill. And we invite you to join us in developing a shared vision for the future of Nantucket Cottage Hospital and its mission.

William Ferrall
Communications Officer

fers ongoing counseling to anyone in need of guidance on Medicare, Medicaid and other health insurance issues.

In this 100th year for Nantucket Cottage Hospital, our patients can be assured of finding the necessary medical expertise, along with the compassionate treatment and care that has distinguished this fine community hospital for a century. The minute you step foot on this island you are our patient, a responsibility that we take seriously but one that we welcome. We continue working hard to solidify the trust and comfort that we hope all patients find with us.

Learn more about us and our programs at NantucketHospital.org. There, you can also see our new video "Your Nantucket Cottage Hospital" and other recent news about us. Or share your thoughts with us on Facebook. Let us know how we're doing, and what you would like to see for our future. Call us at 508-825-8250.

Nantucket Cottage Hospital Foundation



Maureen Hackett

Photo by Cary Hazlegrove



For those who've joined us this year in celebrating the 100th anniversary of Nantucket Cottage Hospital, we're happy that you share our pride in meeting the healthcare needs of Nantucket's families and visitors for the last century. Already, we're hard at work on a vision that will make this hospital healthy and strong for another hundred years. We'll continue the hospital's mission of passionate care for all of our community and ensure that we have state-of-the-art medical

technology and rapid connections to world renowned medical specialists.

Join me as we continue to honor the past and celebrate the future of Nantucket Cottage Hospital. I thank you for your generosity and look forward to your continued support for the future of our hospital.

To Your Health,
 MAUREEN HACKETT
 President and Chair,
 Nantucket Cottage Hospital Foundation

Skilled and compassionate care has defined Nantucket Cottage Hospital for the last century. As we celebrate our 100th anniversary this year, Nantucket Cottage Hospital Foundation continues to help the hospital in its efforts to identify and nourish private resources for the future and to identify how we can strengthen our delivery and quality of care in a way that's best suited to the needs of Nantucket.

Our Vision

Nantucket Cottage Hospital and the foundation's shared vision is for every individual on Nantucket needing medical services, from birth through the transitions of life, to have access to compassionate, comprehensive, state-of-the-art health care, delivered by competent medical professionals with proper equipment in suitable facilities. The foundation's vision is to help provide the resources needed to help make Nantucket Cottage Hospital the best community hospital in America.

For information on how you can support Nantucket Cottage Hospital:
 Nantucket Cottage Hospital Foundation • 57 Prospect Street, Nantucket, MA 02554
 Tel: 508-825-8250 • Fax: 508-825-8249 • www.NantucketHospital.org

For those who wish to help the hospital as part of their estate planning, we would be pleased to discuss membership in our Legacy Society, through any of the following strategies:

Make a provision for Nantucket Cottage Hospital in your estate plan:

- A bequest to Nantucket Cottage Hospital
- Life income through a gift annuity
- Charitable lead trusts
- Charitable remainder trusts
- Gifts of real estate
- Gifts using life insurance, retirement funds or other assets, including changes in IRA rollover limits.

Staff of Nantucket Cottage Hospital Foundation
 Courtney O'Neill – Senior Development Officer
 Beth Moyer – Senior Development Officer
 Shaylyn Murphy – Senior Development Officer
 Kate Bartleman – Development Assistant
 William Ferrall – Communications Officer

YES, I/We want to help advance outstanding care, treatments and programs on Nantucket

NAME(S) as you would like to be recognized: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ E-MAIL ADDRESS: _____

Enclosed please find my check, payable to Nantucket Cottage Hospital Foundation \$ _____

Please charge my gift of \$ _____ to

MasterCard Visa American Express

ACCOUNT NUMBER: _____ EXP. DATE: _____

SIGNATURE: _____

Thank you. Your generosity sustains the Hospital.

For more information please contact the:

Nantucket Cottage Hospital Foundation
 57 Prospect St
 Nantucket, MA 02554
 (508) 825-8250
 www.NantucketHospital.org

Nantucket Cottage Hospital is a 501(c)(3) not-for-profit corporation. Contributions are deductible to the full extent of applicable tax regulations. Advice from your tax and legal advisors is recommended.

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To give online, please visit www.NantucketHospital.org

Here where you need us

The Helping Hands of Nantucket Cottage Hospital Staff



Pedro Amaral
Occupational Therapist

For the past nine years, Pedro Amaral has worked as an Occupational Therapist in the hospital's Rehabilitation Services Department, where he treats hand and upper extremity injuries. Pedro also sees patients in the Swing Bed program and through Visiting Nurses of Nantucket, helping post-operative patients regain safe and independent movement for a secure return to their home. He says he has built many good, close relationships with his patients over the past decade on Nantucket.



Brent Elliott
Imaging Services, (RT) R, CT

Originally from Florida, Brent Elliott joined NCH's Imaging Services Department just over a year-and-a-half ago. He has worked in the X-ray field for the past 15 years and enjoys delivering quality care to his patients. Already certified to work in X-ray and CT procedures, Brent is currently training in MRI technology. He also helps with daily operations of the department, which now offers MRI services five days a week, using state-of-the-art equipment and the resources of Massachusetts General Hospital.

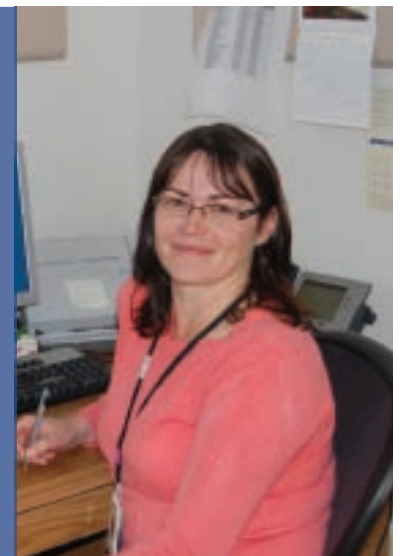


Pam James
Case Manager / Quality Review

Pam James reviews and audits the care delivered to our patients from the time they are admitted through their discharge. She also works as case manager for the hospital's Swing Bed program, helping to coordinate the transfer of surgical or acute medical care patients back to Nantucket Cottage Hospital for transitional recovery until they're ready to return home. Says Pam, "The bottom line for me is quality and appropriate care, which I see delivered at NCH everyday by all of our staff."

Patricia Sheehy
*Financial Clearance /
Counseling Supervisor*

Patricia Sheehy grew up in a small seaside village on the southwest coast of Ireland before moving to Nantucket 17 years ago. In 2005, she began working in our Patient Registration Department, then transferred to our Patient Accounts Department. Patricia handles requests to doctors' offices and insurance companies for needed approvals of appointments and procedures. She also supervises our financial counseling department, which is the main contact for billing questions, and has been part of the hospital's successful efforts this year to speed up and improve patient billing.



Anne Stearns
ER Technician, EMT-B

Anne Stearns has lived on Nantucket for 12 years, spending the past 10 years working in our Emergency Department. In the last 25 years, Anne has lived on five different islands, but she says Nantucket is her favorite. She helps patients from the time they set foot in the hospital until their discharge, assuring that each one receives the best possible care. Anne is also continuing training as a paramedic.



Wendy Turbini
Food Services, Chef

Since starting at NCH eight years ago, Wendy Turbini has worked in several positions. As the current chef of our newly renovated hospital kitchen, she prepares tasty and nutritious meals that are served throughout the day to staff and visitors. As an avid cook, Wendy brings her culinary skills and passion into each meal she prepares, and she has been instrumental in developing our kitchen's healthy alternatives menu. She says she especially enjoys the dynamic nature and liveliness of her position and thrives on relationships with patients, staff and visitors alike.



Photos by Shaylyn Murphy